

Thursday, November 5

- Bereavement Support Group - 1:00pm

Tuesday, November 10

- My Lifestyle Support Group

Tuesday, November 17

- Alzheimer's Support

Saturday, November 21

- Childbirth Class - 8:30am

Thursday, November 26

- Walk with a Doc
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Bereavement Support Group

Time: 1:00pm

Contact 903-737-3672 for details.

My Lifestyle Support Group

Time: 6:00pm

Located at Paris Regional Medical Center, 820 Clarksville Street, Conference Room C.

Contact 903-737-3672 for details.

Alzheimer's Support

Time: 6:00pm

Childbirth Class

Time: 8:30am

Boxed lunch provided

Walk with a Doc

Time: 6:00pm

We will meet in the rotunda entrance to Women's and Children's for a brief presentation and will then walk around the hospital for 30 minutes. Earn your Vitality points and take a step to a healthier you!